

Penguins march more than 27 million steps



Eighty-eight Clark Penguins got up and moving during the month of October for the first ever Walktober Challenge, a physical-activity challenge in which employees competed against the WSU Vancouver Cougs and the Lower Columbia College Red Devils. Some participants hiked, biked, or ran off-campus; others chose to take a fitness class or walk the Penguin Paths on the main campus walkways. Regardless of the activity, all steps added up to earn Clark College second place for the highest step average. Clark may not have taken home the trophy this year, but the college did have the highest number of participants, and collectively logged in 27,734,670 steps. Way to go, Penguins!

A big congratulations to the top three Clark Champions who logged the most steps and were each awarded a prize:

- **1st place at 679,836 steps:** Sally Demos, Library
- **2nd place at 663,350 steps:** Mark Bolke, Biology
- **3rd place at 647,902 steps:** Randy Givens, Nursing



Library and Archives
Paraprofessional
Sally Demos. *Photo
courtesy of Sally
Demos*



Biology professor
Mark Bolke. *Photo
courtesy of Mark
Bolke*



Nursing professor
Randy Givens. *Photo*

*courtesy of Randy
Givens*