

# Help the Penguin Nation get healthier



Did you attend a wellness seminar?  
Participate in a wellness event? What  
are your wellness interests?

The Healthy Penguin Nation team is asking for your feedback to these and other questions, which will help focus our planning efforts and ensure the wellness program is relevant to your needs and interests.

You can access the survey through **May 20** by following this link: [Healthy Penguin Nation Wellness Program Survey](#)

Thanks for your participation!