Presidential Coins

Prof. Kathleen Perillo receives a Presidential Coin from President Knight at the 2016 State of the College address.

In 2007, Clark College President Bob Knight introduced a new honor at Clark College: the presidential coin.

The coin is given to faculty and staff members who provide exemplary service to Clark students, the college and the community. The honorees are decided by the president and are kept secret until the names are announced—generally on Opening Day in the fall or during the annual State of the College address.

Five Clark College employees received Presidential Coins during his 2016 State of the College address on January 21. They were:

Karen Driscoll, *left,* was congratulated by her colleagues from Economic & Community Development, Tracy Reilly Kelly and Bonnie Peterson. President Knight praised Driscoll as “a great mentor to so many people both inside and outside the Financial Aid Office.”

Karen Driscoll

President Knight characterized Financial Aid Director Karen Driscoll as “the best financial aid director in the state of Washington.”

Driscoll has earned praised as a leader not only at Clark College, but in the state. She has served as the president, vice president, treasurer, and legislative representative of the Washington Financial Aid Association; represented the state of Washington as the Western Association of Student Financial Aid Administrators board president; served as president and treasurer of the state’s Financial Aid Council; and is an active member of the State Need Grant Legislative Group representing community colleges.

“She is an approachable and genuine leader and probably the only person I know who likes to read federal financial aid updates over her morning cup of coffee,” said Knight.

Driscoll, who has led Clark's Financial Aid Department for eight years, is retiring later this year.

Maria Masson receives a round of applause with her Presidential Coin.

Maria Masson

Maria Masson joined Clark College in 2014 as Assistant Director of Human Resources and, in the words of President Knight, "hit the ground running."

Masson's role has included providing human resources services tot he college community and leading the college's benefits team's efforts to comply with complex and ever-changing regulations. Recently, she was also named the college's Title IX Coordinator. She has also served the college as an adjunct instructor teaching Spanish.

"She is always willing to help where she is needed and approaches her work with a problem-solving attitude," said Knight.

Ken Pachico, *right*, has served as Director of Security & Safety for 12 years.

Ken Pacheco

After a distinguished career in law enforcement in Portland, Ken Pacheco was hired in 2004 as Director of Security & Safety. Pacheco also serves on Clark's Behavioral Intervention and Threat Assessment Team, its Emergency Management and Planning Committee, as a Title IX investigator, and as the college's representative on the statewide Safety, Security and Emergency Management Council.

"He can always be counted on to respond quickly to any incident, day or night, and even on weekends," said Knight. "He is known for his calm, 'just the facts ma'am' approach to his job, as well as for being fair-minded in enforcing the College's policies and regulations."

Prof. Kathleen Perillo, *center,* with STEM Coordinator and biology professor Erin Harwood and Dean of STEM Dr. Peter Williams.

Kathleen Perillo

Biology professor Kathleen Perillo began teaching at Clark in 1999 and was awarded tenure in 2002. She presented on biodiversity in 2008 as part of the college's respected Faculty Speaker Series. She has worked with the Washington Department of Fish and Wildlife in support of western pond turtle recovery activities in the Columbia River Gorge and she is the co-founder and president of the Center for Eco-dynamic Agriculture, a nonprofit organization dedicated to promoting biodiversity in agriculture.

More recently, Perillo has been leading efforts on native-plant restoration on the main campus, as well as the development of a new environmental science degree.

"Most importantly, with members of the college and Ridgefield communities, she is leading the visioning for sustainability efforts at the North County site," said Knight.

Mothers, daughters, writers

Lydia Yuknavich and Debra Gwartney, *inset,* are both reading at Clark College as part of the Columbia Writers Series.

Clark College's Columbia Writers Series will host two outstanding writers during winter quarter, both of whom are known for their beautifully written but brutal memoirs—one a recollection of an adolescence wracked with alienation and abuse, the other a wrenching account of a mother losing her own daughters to drugs and the streets.

Lidia Yuknavitch and Debra Gwartney will be reading from and discussing their work at two separate events in February. These events, which are free and open to the public, will be held on Clark's main campus.

Read more about these two authors and their appearances at Clark:

Debra Gwartney
February 17, 12:30-1:30 p.m.
Penguin Union Building, Room 258C

Debra Gwartney is the author of *Live Through This: A Mother's Memoir of Runaway Daughters and Reclaimed Love*, a memoir published in 2009 and a finalist for the National Book Critics Circle Award. The book was also a finalist in 2009 for the National Books for a Better Life Award and the Oregon Book Award, and was shortlisted for the Pacific Northwest Booksellers Award. *Kirkus Reviews* decribed it as "[a]n achingly beautiful chronicle of unfathomable sorrow, flickering hope and quiet redemption."

Gwartney is also co-editor, along with her husband Barry Lopez, of *Home Ground: Language for an American Landscape*. She has published essays in many magazines, newspapers, and literary journals, including *American Scholar, TriQuarterly, Prairie Schooner, Salon, Tampa Review, Kenyon Review, Crab Orchard Review, The New York Times* ("Modern Love" column), and others.

Gwartney is a recipient of fellowships from The Writer's Center, located in Bethesda, Maryland, the American Antiquarian Society, Portland's Literary Arts, The Oregon Arts Commission, The Wurlitzer Foundation of Taos, New Mexico, and Hedgebrook Writers Colony. In 2000, she was a scholarship winner for the Breadloaf Writers Conference. She is currently a member of the nonfiction faculty for Pacific University's MFA in Writing program.

Lidia Yuknavitch
February 23, 11:00 a.m. -12:00 p.m.
Penguin Union Building, Room 258A&B

Lidia Yuknavitch is the National Bestselling author of the novels *The Small Backs of Children* and *Dora: A Headcase;* the memoir *The Chronology of Water*; as well as three books of

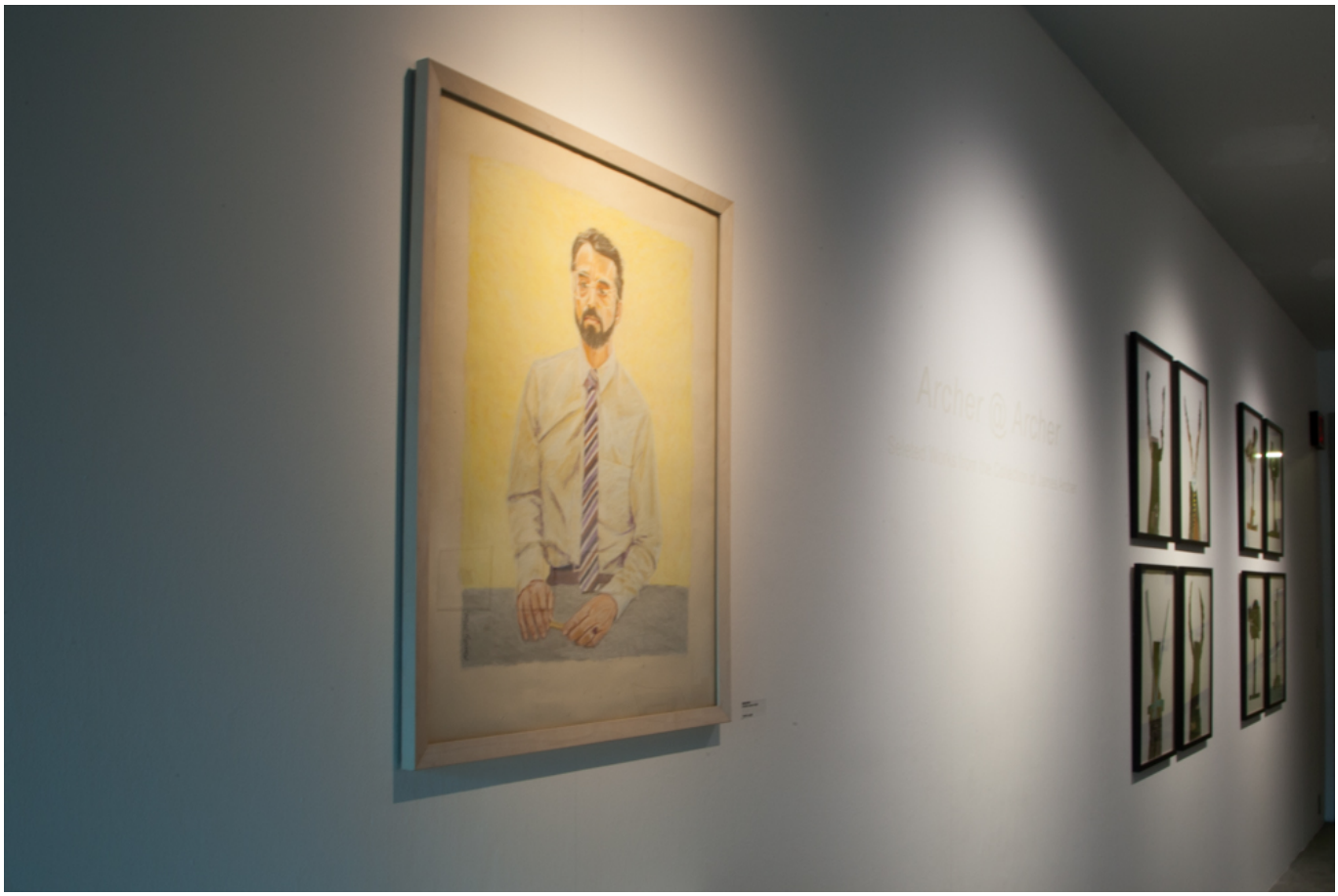
short fictions – *Her Other Mouths, Liberty's Excess,* and *Real to Reel*; and a critical book on war and narrative, *Allegories of Violence*.

The *Los Angeles Review of Books* wrote of *The Chronology of Water,* "Yuknavitch's fragmentary 'anti-memoir' relates a history filled in equal parts with violence and aesthetic discovery, sexual exploration and personal chaos. *The Chronology of Water* is striking for its emotional bareness, but also for its lapidary prose; each sentence is a beautiful gem, diamond-hard and precise."

Yuknavitch's writing has appeared in publications including *Guernica Magazine, Ms., The Iowa Review, Zyzzyva, Another Chicago Magazine, The Sun, Exquisite Corpse, TANK*, and in the anthologies *Life As We Show It (City Lights), Wreckage of Reason (Spuytin Duyvil), Forms at War (FC2), Feminaissance (Les Figues Press)*, and *Representing Bisexualities (SUNY)*, as well as online at *The Rumpus*.

She is the recipient of the Oregon Book Award – Reader's Choice, a PNBA award, and was a finalist for the 2012 Pen Center creative nonfiction award. She writes, teaches and lives in Portland, Oregon.

Archer @ Archer



As retired Clark College art professor James Archer stood in the gallery named after him and gazed at the works hanging on the walls, his expression was slightly wistful. Archer was attending the reception for “Archer @ Archer,” an exhibit of selections from Archer’s private art collection, which he is donating to the college where he taught for 23 years.

“It’s pretty overwhelming,” he said, standing between two colorful abstract prints of his own and a row of prints made by a former student who is now an art professor himself. “Many of these works were done by young people whom I mentored over the years. Most of them, I never was able to frame, so this is my first time seeing them framed and hung as a collection. It’s a very emotional experience for me.”

Carson Legree, left, with Jim Archer at the opening on January 12.

The college has received many donations of art through the Clark College Foundation over the years, but this donation is unusual both because of its size and its historical significance. Archer is donating 129 works total, about 40 of which are on display at the gallery. These works include drawings, paintings, prints, and collage, many of them by Clark instructors or students. Not only do they form an impressive collection of regional art, but they also represent the artistic vision of Archer Gallery's founding director.

Archer originally became curator of the gallery in 1982, when it was still located within the Clark College Bookstore and was called the Index Gallery. Successful in attracting well-known Northwest artists, the Index Gallery became known as one the region's top alternative venues for contemporary artists. In 1995, the gallery—which by then had been relocated to a larger space within Gaiser—was renamed in Archer's honor. It moved to its current location in the lower level of the Penguin Union Building in 2005.

"This donation is significant because it has a lot of regional pieces, many with a strong Clark connection," said Clark art professor and current Archery Gallery curator Senseney Stokes. "There are works here from [retired art professor and former Archer Galley curator] Carson Legree, from Jim himself, from [retired art professor] Jim Baker. But even beyond these

connections, some of the work here is so strong, so beautiful. Jim collected some really great stuff, and we're lucky to have it in our campus collection."

Professors bring art students to the Archer Gallery regularly as part of their instruction.

Clark's Art Committee will be deciding where to place pieces from the collection after the show ends February 20. Members of the college community are invited to provide the committee with feedback on placement of particular objects.

Asked why he chose to donate his collection to Clark, Archer explained that he was downsizing to a smaller home and that Clark seemed the natural place to donate these works. "I'm an alumnus of this college, I worked here," he said. "I'm happy that they won't just be put in a closet here. People will see them, and react to them, for a long time to come."

Photos of the exhibit can be viewed on our Flickr site.

Photos Clark College/Jenny Shadley

A smart investment

Clark College student Cindy Nguyen hopes to become an ultrasound technician.

“I’ve always wanted to go to college,” says Clark student Cindy Nguyen. Even so—and despite her excellent grades—Nguyen acknowledges that college has its challenges.

“When you come to college, you need to learn to study more efficiently than you did in high school,” says the 19-year-old. “And there’s the money thing: tuition, and then textbooks are really expensive, like $200 a quarter.”

Like almost three-quarters of Clark’s student body, Nguyen is a first-generation college student. Her mother, a nail technician, and her father, who installs hardwood flooring, never had the chance to attend college in their native Vietnam. Paying for college for their children (Nguyen’s older

sister, who also attended Clark, is now a social worker, and her younger sister is still in middle school) is a financial challenge for them—but one they have decided is worth the sacrifice.

“They’re really supportive,” says Nguyen. “They’re willing to do anything for me to pursue my education, because they never had that opportunity.”

Being able to attend Clark has helped significantly in reducing the cost of college for the Nguyen family, who have lived in Vancouver since the 1990s. Nguyen is able to save on housing by staying with her parents while completing her prerequisites at Clark before transferring to a farther-away institution to complete her degree in ultrasound technology. Furthermore, she has received support from scholarships made possible by generous donors to the Clark College Foundation.

“That’s been really helpful,” she says. “It’s relieved the financial burden. Without the scholarships, I would have to get a job to support myself in college. This way, I can just concentrate on my studies. I’m so focused on what I’m doing.”

Every year, Clark College Foundation supports the college’s students with tens of thousands of dollars in scholarships, many of which are funded by Clark alumni who remember being struggling students themselves.

Nguyen says having total strangers investing in her education gives her a sense of responsibility to make that investment worthwhile. “It’s really motivating,” she says. “Their way of helping me has allowed me to enable myself, achieve an education, and hopefully support other people one day. I see myself working at a hospital and helping people as an ultrasound technician. That’s my dream. So what I’m learning right now, I’m going to give back to them—and I’m going to help support my parents, too.”

Photo: Clark College/Jenny Shadley

2015: The year in review

The announcement of a new campus, the girder-by-girder growth of a new building, and our first men’s basketball championship in 20 years—no doubt about it, 2015 was a banner year in many ways. Take a stroll through the year that was as we wish you and yours a wonderful New Year!

Leaving a legacy: a farewell chat with Laurie Cornelius

To say that Laurie Cornelius has had an impact on Clark College’s Child and Family Studies program is a bit like saying that Dr. Seuss may have influenced children’s literature—you’ve definitely indulged in understatement. Cornelius, who retired fall quarter after 35 years at Clark, has served in just about every position the program has: first as a teacher of toddlers and preschoolers, then moving on to serve as parent education faculty, early childhood education faculty, lab coordinator, and, for the past 16 years, as director of the program. And while Cornelius is quick to point out that she never considered CFS “her” program, the fact remains that she was instrumental in making it the statewide model that it is today. The program currently serves three main functions: providing affordable, high-quality child care

for Clark students and staff, as well as for the larger community; operating as a lab school for students in the college's early childhood education program; and educating parents. (All parents are automatically enrolled in a one-credit elective each quarter, which they pass by completing homework that covers everything from handling tantrums to encouraging scientific inquiry in toddlers.) Clark 24/7 *sat down with Cornelius before she left to talk about how the program developed into its current form, including its nationally recognized outdoor play area, the 2011 opening of its beautiful Oliva Family Early Learning Center, and why it's important for kids to get really, really muddy.*

Laurie Cornelius speaks at the 2010 groundbreaking of the Oliva Family Early Learning Center.

Tell me about how you first came to this program.

I walked in as a parent, pregnant, 40 years ago. I was a visitor to see what an infant-parent class looked like. Later on down the road, I had my twins, and some of the lactating moms here donated breast milk. I started working here as a teacher in 1980.

When I became director in 1999, I knew it wasn't "my" program. I inherited this program on the foundational efforts of so many outstanding people who preceded me. I tell the staff all the time that we don't own the program, that we're temporary keepers of the program, and how we are with each other in the course of every day, be it with children or with each other, will be the culture of the program that we hand off to others in the future. And that's the heart and soul of a program.

I think it's a myth to think that one person is responsible for innovative and creative work, because if you are going to build vision for a program, it has to be shared with others and others have to own it. It can't be just one person. I believe firmly in that. A lot of my work and some of the success and achievement that I can feel good about, that I would say are my legacy work here, it couldn't have existed without a whole community of people embracing the idea and contributing to it. Whenever you have people contributing to something, it always becomes much richer and thoughtful than it could have been in the beginning with just one person thinking about it.

Keeping that in mind, though, what are the innovations at CFS that you feel most personally attached to, that you would consider your "legacy" work?

Not putting them in order, but … the first is, when I was teaching, I realized that people thought of childcare as separate from education. In our world, it becomes preschool or childcare. Preschool is valued. We would have students say, "I want to be a preschool *teacher*, not a childcare *worker*." That's the value judgment being placed. When with all of the brain research showing what children need, with 90 percent of their brain development in the first five years, it's really clear that children need programs and environments that are nurturing and investigative at the same time. That means you combine it—in our field, we often call it "educare"—so their needs are being met and attended to.

So we had three separate programs at the time. We had our PRIDE [early intervention] program, we had our Parent Education Department, and we had Childcare Services. They were all separate. Most of the families in Parent Ed, the bulk of them were stay-at-home moms, and they were mostly highly educated, not very diverse, and seeking out a quality preschool program. It was a parent co-op founded post-World War II and had a high parent involvement and sense of community.

The Childcare side of the house was also the ECE [Early Childhood Education] lab school, and that was for student childcare services and training for students getting their degree in ECE. It had no family involvement, no connection with the family. The parents basically just arrived and dropped off, there were no programs, no gatherings, nothing.

In the Early Intervention program, they had a separate classroom for children with identified delays or disabilities, with individual therapy appointment that weren't in natural environments.

So they were all different. And so at that time, I was frustrated with this separation of childcare and preschool, and started thinking about what it would look like if we integrated all of these programs. So in the year 2000, we started to do the work to integrate. And I used to have lunch meetings—I used to call them my Hot Tomato Meetings, because I wasn't sure if I was going to survive them! [Laughs.] People were angry with the concept of integration. We had parents from Parent Ed who said, "We're not going to watch Childcare children. We're going to get head lice from them." There were biases. It was the tension between at-home and working families—somehow one's better than the other—it was that kind of tension. The reality was that, with us doing lots of talking and sorting it out—and some parents left, but most stayed—we came up with a model that was integrated.

And given the trends and research that has happened since that time, we realize that we were spot-on. You know, that we were really leading and advancing the work forward. The state board did a report recommending that the Parent Ed model in the state broaden to more diverse populations. That's exactly what we did. So I take pride in that we created a program that put this model forward. In the old model, if a parent in the Parent Ed program got divorced and had to go to work, they had to move their child. So now that doesn't happen. A family's circumstances can change, and the child doesn't have to leave. Our model allows for flexibility and options for families. I think that has been invaluable.

The concept, or the value, was universal access. I used a phrase—in fact, we put it up in the Haag Lounge when we were working on it—"Is everybody safe and warm inside?" My goal was to make sure that was happening. [Planning and Effectiveness Research, Reporting, and Data Professional] Susan Maxwell helped us do an anonymous survey a few years ago, and we were looking demographics like single parent, first generation in college. We looked at race, culture, ethnicity, all of that,

with these basic questions about feeling welcome, and there was no distinction in the answers between groups. We were doing real well. The relationships were being made.

I’m not saying we have a perfect world. We’re certainly working on it. But I do take pride in the fact that we do see children and families as being special, and recognize the beauty of who they are when they come through our doors.

Whether you’re a student parent, a faculty/staff parent, or a community parent—if you’ve been a parent—you know we have the most important treasure of each and every family up here. And if we are going to have them housed here within the confines of a fence, then we have to make sure that the environment is investigative and nurturing so those kiddos can thrive.

People often will enter the program and be here a little bit, and they’re trying to figure it out. They’re saying, “This place is different.” And they don’t know why. They can’t quite put their finger on it. We speak of the environment as being a third teacher. And when we speak to that, it is both the emotional environment and the physical environment. We work really hard at being thoughtful about how we set up our environments.

Another legacy is definitely the outdoors. And that’s a passion I have. That’s the personal piece of me that was really, really important to me. It wasn’t a conscious starting down that road. We had built this building over here and there was no money for a playground. And so we started researching. And the place we started is where everybody starts: toy equipment catalogs. You ask, “How many kids can get on this? What kinds of things can they do?”

Laurie Cornelius at an Arbor Day tree planting at Child & Family Studies.

I grew up in Seattle but I grew up with a really rich outdoor experience with my parents. All seasons, we were out camping. And then in college I had the wonderful opportunity to work up at Mt. Rainier with Ranger naturalists and do campfire programs with families.

So I realized that if children are going to be in childcare for long hours, they needed more than a playground. They needed more than recess. They needed a *rich environment*. So we dumped the playground idea. We kept elements of it, and we said, "Well, what did we like to do? What are our play memories?" They were all outdoors. They were all playing hide-and-seek—if you play hide-and-seek, are there bushes and places to hide? If you played in barns, are there straw bales? If you played at the beach, where's the water? If you camped, where are the woods, where are the rocks, where is the driftwood?

And so that birthed a whole new concept of how we designed outdoor play spaces. This was the early to mid-90s. So that brought on challenges, because we were licensed, and licensors did not want rocks, logs—didn't see that as being a safe environment. The world is very litigious. In fact, I think Head Start had sent out an article on safety saying to saw the branches off of trees so children couldn't climb them.

So I ended up, through my advocacy work and the development of this space, speaking to the State Convention of Licensors on the importance of risk in outdoor play and the need to change the WACs [Washington Administrative Codes]. It was really risky for me, because I was putting up slides of things from our program that kids weren't allowed to do, and saying they needed to do it. So it really was pretty scary for me to do. But I did it, and lo and behold, things started changing. And now you can find rocks and driftwood and trees in many play areas around the state. That's one of the legacies that I feel has been invaluable.

I really hammered on it. I was in City Council, school districts, all over the place, because I believe we need to change how we view our outdoor environments for kids. Right now they're postage-stamp grass lots. And we need the woods. Kids need green spaces, they need flatlands.

It's interesting because there's a whole movement now toward "adventure playgrounds" that favor natural play features instead of the old swing sets and slides.

Right. There is a huge movement to start doing that kind of work. At the time, I think we were doing some very cutting-edge work with our play space, because not very many had done it. The University of Quebec published an article right around the same time we were opening on three play spaces in the United States that should be used as models for designing school spaces for Canada. We were one of them. I was very proud of that as well. Since that time, we've done tours, fly-ins. We've had national conferences in Portland, and one international conference, and our site has always been chosen to be one of three sites in the Portland-Vancouver area for touring. So we take a lot of pride in the environments and the work that we prepare.

So changing the WACs and creating the play space were huge. What we did was we used plants in the design of the outdoor

space to have different focuses of play, so that when kids go outside—if they're going to be in a huge group of kids and do everything in a room, we've got to get them out of that environment where they can be with one or two kids and have places to hide, we've got places to crawl into, we've got places of discovery.

[Recently retired Grounds Manager] Skip Jimerson has been such a partner in crime with me, oh my gosh. Because he loves it; he gets childhood. I'll never forget when I told him, "We want a mud kitchen." He said, "You want a *what*?" And I said, "We want logs and we want dirt, and we want kids to be able to play in the mud, make mud pies, drive trucks through the mud. We'll clean 'em up afterward. We want our kids to get muddy here." And he was totally into it, he just laughed.

Laurie Cornelius, *center*, with Clark College Foundation President/CEO Lisa Gibert and former CFS parent Jan Oliva at the opening of the Oliva Family Early Learning Center.

And the Oliva Family Early Learning Center—I also see that as a legacy. Because in early learning, getting that type of building just is almost impossible, because there's no money. Our field is devalued because of the image of babysitting and childcare. Often you'll hear—and this is a huge

challenge—people say, “Don’t advise people to go into childcare, because it’s low wages.” And yet it’s the most important job on earth, given the scope of a developing child. It is just critical because children can’t catch up if they’re not having opportunity while their brains are developing. And it’s been proven. By third grade, we’ve got kids going in with as much as a 2,000-word discrepancy in vocabulary. You’ve got children who have been read to and traveled and been to OMSI—and children who have never held a book. It’s just horrible.

So I would say those are the areas I’m most proud of. Those, and always—and this is probably the most important one—the attention to relationships within the program. That’s that culture of caring. And it’s a balance, because we’re in a bureaucracy, so we have all the rules and WACs and codes we have to follow. I always try to make sure that there is some caring to go along with that, so I try to think aloud. I try to explain my thoughts, and if I’m not sure of the answer I’ll just say, “Well, I’ve got to think it through. I’m gonna need a little more time.”

You’ve talked a bit about how CFS has changed over the years. How have you seen Clark as a whole change?

Oh, goodness. It’s a huge change, huge. When I started, before Gaiser got remodeled, there was a room maybe a third of the size of what Gaiser Student Center is now, and a small stage, and every single employee could fit on a folding chair in there on Opening Day, and you knew everybody. And maybe there would be three or four new hires, no more than that. Then, as the college grew, they started having to open a sliding wall that opened up into where Student Services offices were. And then pretty soon it got too big for *that*. There were employee directories with photos, so you could always see what a person looked like. Now there are so many employees that you just don’t know them. It’s just gotten so big. So that’s one big change.

I remember when email came in. And the campus was all set up for email except for us. The VP of Administrative Services at the time said, “Well, they’re up there with the children; they don’t need email.” And I complained. And his response to me was, “You can walk down to Foster every day and pick up your email.”

Children, young kids in our society—they’re pushed to the edges. They’re not embraced. On every campus, the childcare program is always on the edge. If we really were elevating and seeing the importance of how we as a community are raising kids, the childcare program should be in the middle of a circle instead of on the edge. Though now that the STEM Building is being built, we won’t be as much on the edge here.

I know my son’s loved watching the building go up—the Oliva Center’s windows look straight out onto it.

Child & Family Studies children perform and display artwork during Clark College’s annual Sakura Festival.

Oh yeah, it’s been great curriculum. But to go back to what I was saying about how we view kids—I mean, I’m speaking broadly of our society. You can’t be loud in a restaurant. You can’t cry on planes, evidently, given the news of late. There’s just a lot of intolerance of children. And I used to be of the

opinion that that was how Clark viewed our children. Not anymore. I think that Clark has clearly demonstrated an exception to the rule. The reason I say that is that we now have so many areas of the campus that think of us and call us and connect with us. It's amazing, the collaborations and richness of what some of the different departments are bringing to this program. We get our clay from the art department. The kids play down in the fountain. They're part of the Sakura Festival every year. We're part of the Seventh Generation powwow every year. Student Services always invites the children to attend different performances. We partner with the Japanese department and they have exchange students who spend time with us. We have collaborated in the past with the library; the kids have had story times down there. One year in the summer, there was a collaboration with PE fitness classes. They found that when they brought the kids down to play games with the adults, there was more laughter and movement in their class than just simply exercising—it was playful.

So I appreciate that. Fundraisers like our car wash and art show—we get great support from the campus, wonderful feedback. We want to do more of those collaborations and partnerships, both on and off campus.

More than a quarter of our student body at this point has dependent children. In a way, Clark's commitment to this program is part of our commitment to them, and part of our commitment to social equity.

We try to keep a balance—I'd say 70 percent student parents. It fluctuates a bit. In that student population, we see high numbers of what have been identified as risk populations for retention. So one of the things, just before leaving, was Susan Maxwell was instrumental in helping us to create a way to track our student parents' success rates. We're doing that across the state with all childcare programs. We are going to be looking at retention and strategies with these populations. We also believe—and we don't know this yet, it will have to be

a research question—but we really want to know what our retention rate is. Because we're so close to the families and we work with retention in supporting their children, and I want to see what the retention rate comparison is.

We have large numbers of students here who are first-generation in college. Our Family Life faculty do an amazing job of supporting student parents in school. And student families have stress. They have life happen to them. And by us having that option to have parent involvement, we can design specific involvement that will support them in whatever stress they are facing.

It happens here all the time. The support that this program can provide students is just amazing. They come in to withdraw their kids because they're dropping out, and they'll be sobbing. Maybe it's something at home, maybe it's the workload, maybe it's trauma from their past that's creating stress. And we bring them in and sit them down and connect them to resources—and they stay in school. Nobody dropping off or picking up their kid is going to see those stories. But they are here, lots and lots and lots of them.

It's about supporting families—supporting them to be successful in a career path, but you're also supporting them to start a journey of parenting and preparation for the K-12 system. And if we're sending children who are healthy and excited about learning and ready to learn—who are open to inquiry, open to investigation—then we're breaking cycles. We're gaining an opportunity for a future Clarker to be successful here at the college.

We have third-generation families here in the program. We have students who work for us who were children here. We have grandchildren here of people who went to Clark. There's a rich history, and lots of new families who are entering through our door all the time.

What advice do you have for whoever comes in to your position? [Ed note: At the time of this interview, Cornelius's successor had not yet been named. Michele Volk is now the Director of Child & Family Studies.]

Oh, I've got pages and pages and pages of single-spaced writing already! [Laughs.] About the history, about the values. You know, it isn't about staying the same. That goes back to the very beginning comments about how we are with each other. Every person who comes in the door here, even if they're here for just a short period of time, they're bringing something into the space and into our world, and we want to value that, we want to value their voice. So when a new person comes in and joins our staff, they're bringing a beautiful dimension of who they are and what they can bring to our community. And we really believe in sharing the strengths and talents and joys between each other and with our children and families. Different teachers bring different passions and interests to the program. We all do that. The outdoors was definitely mine. We have a beautiful performance that we do every year, and that was Sarah Theberge's gift. And Michelle Mallory's bringing in the development of the art studio, the development of the library. You see the passion, you see the gifts, and they bring that into the program and it gets expressed. So the new director will come in and will have interests and passions and things that she or he will bring to the program, and it will thrive, and it will be wonderful.

That's another reason why it's always good to have some change. Also, you don't pay attention to things you don't like to do. That can create gaps. I'm not savvy with technology—I get by, but I don't Facebook. We need somebody who can bring people up to speed. I bought iPad Air2's for every classroom.

They’re for electronic assessment—that’s the future, we need to be looking at the way we do our assessment of children and screening, we absolutely have to do it—and I don’t want to have anything to do with it! [Laughs.] That’s for the next generation.

So what comes next for you?

I’ve told everybody I’m taking one year off. I’ve had many approaches about consulting work, but I need a break from the early learning community for a year to reassess and then I’ll decide what I can and can’t do.

My oldest grandkid is in kindergarten, and the two youngest are both one—they’re four months apart. So I will definitely be spending time with them, and I’ll be traveling and gardening and working out and probably doing a fair amount of cleaning and tossing things out. I’ll be—oh! The kitchen! You were asking about legacy earlier. I’m really proud of getting our food program running, so our children can have hot, nutritious lunches made with healthy ingredients. Gosh, how did I forget that?

Well, 35 years—you can do an awful lot in that time, it seems like.

Yeah. [Laughs.] Yeah, I guess so.

Photos: Clark College/Jenny Shadley

A part of the family

Professor Veronica Brock

“This is where I grew up,” says Professor Veronica Brock from her office in O’Connell Sports Complex on Clark’s main campus. “My dad was a professor here, teaching physics and astronomy. I was a student here. I grew up with ‘Penguin blood,’ as we like to say.”

Brock, who recently marked 20 years of teaching at Clark, didn’t intend to follow in her father’s footsteps. After graduating from East Stroudsburg University in Pennsylvania with a Master of Science degree in cardiac rehabilitation and primary prevention, she remained on the East Coast working in cardiac rehabilitation. But gradually she began to realize that she didn’t love the clinical aspects of her work as much as she did teaching patients about their health.

“I’ve always just followed my heart when it came to career and jobs,” Brock says. “Every job I got, I’d say, ‘Oh, I like this aspect of the job—let’s do more of that.’ When I worked in cardiac rehab, I realized my favorite part of my job was the

educational element.”

Brock began teaching health and physical education, and when she decided to move back to the Pacific Northwest, taking a position at Clark seemed like a natural fit. “It was a good match for my heart, with this job’s teaching and learning focus,” she says. “And I love the idea that, as an open enrollment institution, we provide an opportunity to everybody. That’s such a cool idea: If you want an education, you can get an education.”

Brock—who teaches health, physical education, fitness trainer, and health and physical education classes—says she loves seeing the changes her students make as they learn to develop new approaches toward their own health.

“In our curriculum, we don’t just want students to change their behavior during the class,” she says. “We want to teach lasting change, and that requires motivation. Motivation is two things: importance and confidence. You have to be able to define why it’s important for you to be doing this, and you have to be able to believe you can do it. If you don’t have motivation, you’re probably not going to stick with any exercise or health practice long-term.”

Brock’s certainly shown long-term motivation to make Clark a stronger institution. She has invested much of herself into Clark—professionally, personally, and financially. She has served on numerous committees, including the Healthy Penguin Nation Committee to promote employee health, and is a regular donor to the Clark College Foundation.

Brock says she began donating to the Foundation when her two children, now teenagers, were enrolled in the college’s Child & Family Studies program as preschoolers, making her family third-generation Penguins.

“My kids are the amazing people they are today because of that program,” she says. “So that really prompted me to give—I

could see the program needed support.”

Since then, Brock has donated regularly to the Foundation, which supports capital improvements to the college as well as scholarships and programs to promote academic excellence.

“I like putting my money toward solving problems,” Brock says. “Education is a solution; if you educate the world, the world can change. It’s a very direct way to say, ‘I believe in what I’m doing and I believe in our students.’”

Read Veronica Brock’s Top 10 Tips for a Healthy Lifestyle.

Photos: Clark College/Jenny Shadley

Veronica Brock’s Top 10 Tips for a Healthy Lifestyle

Does getting healthy feel so overwhelming to you that it doesn’t seem worth bothering to start? Health and Physical Education professor Veronica Brock has good news for you. “Just because you’re not eating carrots and walking a treadmill every day, that doesn’t mean you’re not healthy,” she says. “I’d love people to erase all the guilt they have about this, and to have an awareness that health is more than being physically healthy.”

Brock counsels those interested in developing healthier habits to start small. “Focus on baby steps to get to your end goal,” she says, adding that it’s important to clarify what that goal is. “Focus on why it’s important to you. Do you want to play with your grandkids more, or keep up with your own kids? Stay

focused on that.”

Top 10 Tips

1. Get adequate amounts of sleep. The exact amount varies from person to person, but eight hours is the average.
2. Drink plenty of water (and no, sugary sodas are not an acceptable substitute).
3. Eat whole, unprocessed foods.
4. Eat primarily plants.
5. Eat mindfully. Be aware of when you’re hungry and not hungry, and don’t just eat on autopilot.
6. Be active at least 150 minutes a week.
7. Don’t sit for more than 30 minutes at a time. “Get up from the keyboard and take a quick walk,” Brock advises.
8. Be grateful. “Research shows gratitude helps with happiness,” Brock says. “Actively look for things to be grateful for in your life.”
9. Cultivate meaning and purpose in your life.
10. Cultivate healthy relationships. “Belong to something. Join something,” Brock advises. “Social connections help us stay healthy mentally, emotionally, and even physically.”

So long, Skip: saying goodbye to “Clark’s Lorax”

Skip and Lori Jimerson at Skip’s retirement party

On September 24, Clark College bid a fond farewell to retiring Grounds Manager Skip Jimerson. The Penguin Student Lounge was filled with colleagues who’d worked with Jimerson over his quarter-century at the college.

Jimerson began his career at Clark as a custodian in 1990 and shortly thereafter moved to the grounds division. Once there, his strong work ethic and dedication helped him advance until, in 2008, he was named grounds manager.

Many people stood to share memories of Jimerson, often referring to his famously laconic demeanor. (Indeed, true to character, Jimerson declined to make any public remarks at the party.) “Skip is a quiet leader,” said Clark College President Bob Knight in his remarks. “He doesn’t talk much—he talks with his actions. He cares about this institution.”

Director of Facilities Services Tim Petta said, “In my mind, I’m going to think about you as the college’s Lorax—you speak for the trees.”

Grounds Manager Skip Jimerson and CADD Professor Keith Stansbury share a laugh at Jimerson's retirement party after 25 years of service. At the party, Director of Facilities Services Tim Petta, *not pictured*, referenced the quotation on this plaue that reads, "A society grows greeat when old men plant trees whose shade they know they shall never sit in.

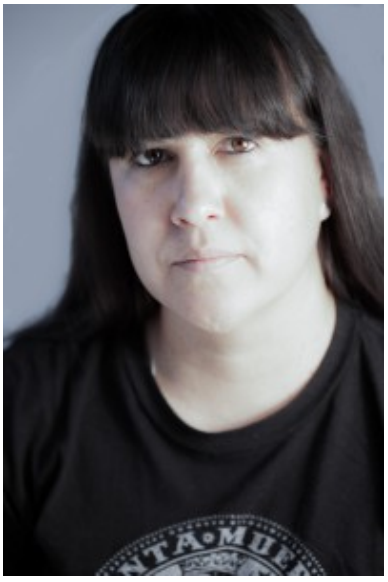
Jimerson was instrumental in making Clark College officially recognized as a Tree Campus USA by the Arbor Day Foundation for the past five years, as well as in an ongoing effort to plant state trees from all 50 states on the college's main campus. Colleagues mentioned many other projects he'd helped realize, ranging from outdoor play spaces for Child & Family Studies to work on new facilities like Clark College at Columbia Tech Center and the new STEM Building being built on the main campus. Other colleagues praised him as a manager.

"What I most value is his gentle spirit," said Director of Career Services Edie Blakley. "Some of our students have less-than-stellar backgrounds. Skip, you've always given people a second chance, and that has really touched my heart."

There was one more colleague who had plenty of praise for him: Lori Jimerson, Skip's wife of 26 years, who works as a fiscal specialist in Facilities Services. "I'm going to miss him as a coworker, honestly," she said in between serving slices of cake to the gathered guests. "He's an excellent colleague. … He's really put his heart and soul into this place."

Photos: Clark College/Hannah Erickson

Natalie Diaz opens Columbia Writers Series



Natalie Diaz. *Photo credit: Rachel Eliza Griffiths*

> *Angels don't come to the reservation.*
> *Bats, maybe, or owls, boxy mottled things.*
> *Coyotes, too. They all mean the same thing—*
> *death. And death*
> *eats angels, I guess, because I haven't seen an angel*

fly through this valley ever.

> *—excerpt from "Abecedarian Requiring Further Examination of Anglikan Seraphym Subjugation of a Wild Indian Rezervation," by Natalie Diaz*

This year's Columbia Writers Series kicks off with Natalie Diaz, the award-winning author of *When My Brother Was an Aztec*, a book of poetry which *New York Times* reviewer Eric McHenry described as an "ambitious … beautiful book." Diaz will be reading from her book at 1 p.m. on November 10 in PUB 161 on Clark's main campus. This event is free and open to the public.

Diaz's honors and awards include the Nimrod/Hardman Pablo Neruda Prize for Poetry, the Louis Untermeyer Scholarship in Poetry from Bread Loaf, the Narrative Poetry Prize, and a Lannan Literary Fellowship.

Natalie Diaz was born in the Fort Mojave Indian Village in Needles, California. She is Mojave and an enrolled member of the Gila River Indian community. She earned a Bachelor of Arts degree from Old Dominion University, where she received a full athletic scholarship. Diaz played professional basketball in Europe and Asia before returning to Old Dominion to earn a Master of Fine Arts degree.

Diaz now lives in Mohave Valley, Arizona, where she works with the last speakers of Mojave and directs a language revitalization program. In a PBS interview, she spoke of the connection between writing and experience: "For me writing is kind of a way for me to explore why I want things and why I'm afraid of things and why I worry about things. And for me, all of those things represent a kind of hunger that comes with being raised in a place like this."

Directions and maps to Clark are available online. Individuals who need accommodation due to a disability in order to fully

participate in this event should contact Clark College's Disability Support Services (DSS) Office at or (VP). The DSS office is located in room 013 in Clark's Penguin Union Building.

The Columbia Writers Series was launched at Clark College in 1988, bringing local, national and international authors to the college and the region. Information about the Columbia Writers Series is available at www.clark.edu/cc/cws.