

# Clark Makes Run at Title



The Clark College volleyball team celebrates its second place finish in the 2015 season.

The Clark Volleyball team started the NWAC Championship tournament with a No. 3 South Region seed and an opening match loss on Thursday to Walla Walla in five sets. After that, the Penguins went on a roll and won their next six matches on Friday and Saturday to make it to the Championship game on Sunday.

Head coach Mark Dunn said he kept telling the team to take things one match at a time. And after a big win over South Region rival Chemeketa, it was about authenticating that win. "After we defeated Chemeketa on Friday, we felt like we had to validate that on Saturday," Dunn said. "And the ladies came through with four in a row."

Their run at the NWAC Championship came to a halt Sunday afternoon at the Tacoma Convention Center. Three-time defending champ Blue Mountain (42-9) of Pendleton, Oregon, added a fourth straight title with a 3-1 win over the Penguins. The Penguins opened the match with a back-and-forth battle and won 25-23. The next three sets and the title went

to the Timberwolves. Scores for the match were 23-25, 25-17, 25-22, and 25-20.

Clark's Janessa Mast had 14 kills and 16 digs, Livia Strandberg had 12 kills and 10 digs, Meghan Turner had 26 digs, Gauleighyan Eastman had 22 assists and 10 digs, and Kinsey Pease had 22 assists. For a complete box score of the championship:

<http://www.nwacsports.org/volleyball/gameinfo.php?id=5620>

It was the first time since 1979 that a Clark team had played for an NWAC Volleyball title. Clark finished the year with a 26-16 record and as runners-up in the Championship. In addition to taking the second-place trophy, Clark had three players named to the All-Tournament team. Those three were sophomores Meghan Turner and Janessa Mast, and freshman Melisa Ljuca. The all-star libero, Meghan Turner, was also named "Most Inspirational Player" of the tournament.

## **2015 Clark Volleyball (26-15)**

### **26 NWAC Tournament Appearances**

#### **2 top 4 finishes**

#### **Road to the Championship**

#3 Seed out of the South, 7-5 Region Record

Saturday – Clark def Linn-Benton (14-25,25-20,15-13)

Saturday – Clark def Tacoma (25-21,16-25,15-13)

Saturday – Clark def Walla Walla (25-13,25-17)

Saturday – Clark def Bellevue (22-25,25-22,15-6)

Friday – Clark def Chemeketa (21-25,25-23,17-15)

Thursday – Clark def Pierce (25-17,25-13)

Thursday – Walla Walla def Clark  
(22-25,12-25,25-19,25-20,20-18)

#### **Team Tournament Stats**

##### **Hitting Percentage**

Clark – .195, 4th ranked in the tournament

Blue Mountain – .194, 5th ranked in the tournament

##### **Opponent Hitting Percentage**

Clark – .109, 1st ranked in the tournament

Blue Mountain – .144, 3rd ranked in the tournament

#### Assists

Blue Mountain -11.33/set, 3rd ranked in the tournament

Clark – 11.10, 6th ranked in the tournament

#### Kills

Blue Mountain – 12.39/set, 3rd ranked in the tournament

Clark – 11.71, 7th ranked in the tournament

#### Blocks

Clark – 2.43/set, 2nd ranked in the tournament

Blue Mountain – 1.78/set, 6th ranked in the tournament

#### Service Aces

Blue Mountain – 1.78/set, 3rd ranked in the tournament

Clark – 1.14/set, 13th ranked in the tournament

*Photo by Tracy Swisher, NWAC Sports Information Director*

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## **Penguins Enter Hall of Fame**



On Saturday, February 28, the Penguin Athletic Club, in conjunction with the Athletics Department at Clark College, will hold the annual Clark College Athletic Hall of Fame banquet and induction ceremony at 5 p.m. in the Penguin Union Building. The banquet and ceremony will take place after the women's and men's basketball games that day, which start at 1 p.m. and 3 p.m. respectively. The inductees will be honored during halftime of the men's game.

This year's honorees include:



**Lisa Boe** (Women's Basketball) helped lead her team to 55 wins during her two seasons at Clark College. In 1989 the Penguins won the NWAACC (now NWAC) Championship; in 1990, they finished second. Boe was First Team All-NWAACC both years and MVP of the league one year. She was selected to the All-Tournament team both years, and was MVP of tourney one year. Boe, who went on to play at the University of Central Missouri, and is currently a Portland police officer.



**Coach George Fullerton** (Track & Field) coached Track at Clark for 24 years (1958-1989), guiding his student athletes to the 1960 NWAACC Track & Field Championship, as well as numerous

regional championships during the course of his career. Fullerton lives in Vancouver.



**Denny Huston** received his Associate of Arts degree from Clark, where he was student athlete (1959-1961), coach (1965-1969), and Athletic Director (2008-2011). He also coached basketball at Camas High School and had many coaching stints at the college level from 1963 to 1992.

The **1989 Women's Basketball Team** won Clark's first NWACC basketball championship, finishing the season 27-6. (*pictured at top*)

For more information on this event, please access the Hall of Fame link at <http://www.clarkpenguins.com/hof.aspx>. Individuals can also register online by February 21 at [www.cvent.com/d/krq8gg](http://www.cvent.com/d/krq8gg). Tickets are \$25.00 per person.

If you need accommodation due to a disability in order to fully participate in this event, you should contact Clark College's Disability Support Services Office at 360-992-2314 or 360-991-0901 (VP), or visit Penguin Union Building room 013 as soon as possible.

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# Athletics greets new leader



Director of Athletics  
Ann Walker

Vice President of Student Affairs William Belden announced today that Clark College has hired Ann Walker as the new Director of Intercollegiate Athletics; her first day will be Tuesday, September 2. Walker comes to Clark from Nova Southeastern University in Fort Lauderdale, Florida, where she served as the Associate Athletic Director for Compliance and Internal Operations. Overall, Walker has served for 23 years in athletics in roles ranging from administration to coaching.

“We are excited to be able to hire someone with Ann’s depth of experience and commitment to student success in this position at Clark, and I know she will be a great resource and advocate for our student athletes,” Belden said.

Walker served as an assistant basketball coach at Creighton University before being hired to head the women’s program at Minnesota State University. From there, she moved into athletic administration and has held a variety of positions including conference leadership roles. She has a M.A. in Sports Psychology from the University of Iowa, and a B.A. in Elementary Education from Northwestern College in Iowa.

Walker comes to Clark during an athletic upswing. Last year, 10 of 11 sports programs at Clark College made post-season appearances and four coaches won conference Coach of the Year Honors. Clark College’s fall athletic programs begin play on Monday, August 25.

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## **Finding Her Strength**





Physical Education instructor Judy Glenney stands in Clark's weight room. "I still train," she says. "I want students to see physical fitness as a lifelong activity. I don't intend to quit any time soon."

Students in Judy Glenney's physical education classes learn a few things about their instructor early on: She's funny. She's patient. She's happy to meet students where they are, whether that's "just got off the couch" or "training for my next triathlon."

What they don't always find out, however, is Glenney's landmark role in promoting women in sports—namely, in making women's weightlifting an Olympic event. In fact, last October Glenney was honored by the International Weightlifting Federation at a ceremony marking the 30th anniversary of women's competitive weightlifting, held during the IWF's 2013 World Championships in Wroclaw, Poland.



Glenney guides a student in her Fitness Center Basics class.

“She doesn’t toot her own horn,” says Kathy Slavin, secretary of Clark’s Health and Physical Education Division. “We probably would not have heard about the IWF honor except she had to have a sub for her classes while she was gone.”

“I kind of keep it under wraps,” admits Glenney. “I feel like I would be gloating. But every once in a while, especially with my female students, I’ll let it slip—just, like, ‘Yes, you can lift that, even if you’re a girl. I’ve lifted more than 200 pounds.’”

When Glenney herself first became interested in weightlifting in the 1970s, no one was around to provide her with that empowering message. At the time, women weren’t even supposed to lift weights as exercise, much less in competition. Glenney stumbled into weightlifting by accident: While working one summer for a campus ministry, she wandered into the building’s weight room looking for a place where she and her colleagues could work out.

“I looked around at all the weights and stuff and thought, ‘Wow, this is so cool!’” she recalls. “The only person there was this good-looking young man who offered to show me around, and I said, ‘Yes, please!’”

That good-looking young man turned out to be a student named Gary Glenney, who participated in a Christian weightlifting group called Athletes in Action. The two hit it off, and married soon after Judy graduated from Pacific University in 1971.

Judy Glenney would travel with her new husband to weightlifting competitions, and found herself intrigued by the sport. "It looked like gymnastic movements with weights," said Glenney, who had participated in several athletic teams while in college.



Glenney stands between IWF president Dr. Tamas Ajan and IWF General Secretary Ma Wenguang after receiving an award at the 2013 IWF World Championships in Wroclaw, Poland. *Photo courtesy of Judy Glenney.*

Soon she was learning how to make those moves herself. But when she asked her husband about weightlifting competitions for women, he told her there weren't any—but that he'd be happy to help her start one. At first, Glenney began asking to compete at the men's competitions. Soon, however, other women joined her—either inspired by seeing her compete or attracted through Glenney's outreach efforts. She began to push for

separate women's events at some competitions, and the creation of a separate category for women's weightlifting records—many of which she set herself. But societal resistance to the idea of “lady” weightlifters proved harder to budge than any barbell.

“My first competition was in 1972, and we didn't have our first national competition until 1981,” she says with a wry grin. “So, yeah, it took a while.”

But Glenney wasn't content to simply make it into the U.S. Weightlifting Federation. She wanted women's weightlifting recognized by the IWF as well—and, ultimately, by the premier name in international sports. “In my mind, I was never just thinking national,” she says. “I wanted it to be an Olympic competition.”

That proved no small feat. Glenney lobbied the IWF to include women in its world championships, which it finally did in 1987. But women's weightlifting didn't become an Olympic event until 2000. Glenney was there—but as a judge, not a competitor. She had long since retired from competitive weightlifting, finishing her career as a four-time Women's National Champion, five-time Master's National Champion, and two-time World Master's Champion.



Glenney holds a photo of herself from her weightlifting manual from

the 1980s.

Glenney characterizes the Sydney Olympics as a bittersweet moment for her: "Deep down, I was kind of disappointed because I'd missed it as a lifter, but at the same time I was so excited because I contributed to those women being part of the Olympics."

By then, Glenney had already transitioned into teaching. For 15 years, she has taught classes including Weight Training, Core Conditioning, Fitness Center Basics, and Tennis at Clark College, helping hundreds of students find their own strength.

"She's an amazing instructor," says Fitness Center Basics student Anna Rybalka between reps on a weight machine in the Fitness Center. "She manages to be professional and funny at the same time."

"She's very upbeat," says Bryan Andrews, another Fitness Center Basics student, as he adjusts his pace on a treadmill. "She's personally come over and helped adjust the machines for me. She definitely knows what she's talking about."

"At Clark, we pride ourselves on our talented and experienced faculty, and Judy certainly fits those criteria," says Dean of Health Sciences Blake Bowers. "I appreciate the depth of knowledge she brings to the teaching of physical education, as well as the inspiration she provides not just to her students, but her to fellow faculty members as well."

"I enjoy the total environment of Clark—the students, faculty, and staff," says Glenney, whose husband teaches at Clark in the Mathematics Department. "It is just a joy to be around these people and be part of the community of Clark College. The staff everywhere is always willing to help with all my needs, no matter how large or small."

For Glenney, one of the great joys of teaching is providing her female students with the guidance and encouragement that

was absent when she was a young athlete, allowing them to discover their own physical power.

“By the end of the quarter, they’re like, ‘Oh man, look what I can do!’” she says, smiling. “For the first time, they’re really testing their own strength. They say, ‘Wow, I really *am* strong!’

“And I say, ‘Yeah, you are.’”

*Photos: Clark College/Jenny Shadley*

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## **Athletics Roundup**

It’s been an exciting 2013-14 fall and winter for Clark College Athletics. So far this year, all of Clark’s athletic programs have advanced to the NWAACC playoffs—that’s seven for seven! In addition, four coaches were named Coach of the Year and several student athletes were named to All-Academic Sports teams and All-Star teams. There are so many students to be proud of and great sports moments to remember, but here is a quick recap of our mighty Penguins’ accomplishments so far.



## **Men's & Women's Cross Country**

The Penguin cross country teams once again had solid fall season,s with both squads finishing in the top five at the NWAACC Championships, which were hosted by Clark College this year. Sophomores Julian Avalos and Jacob Mason were named to the 2013 All-Academic Sports team, which recognizes student athletes with a cumulative GPA above 3.25 and a minimum of 36 credits earned. Clark College will continue hosting the NWAACC Cross Country Championships at Lewisville Regional Park through Fall 2015.



## Men's Soccer

The men's soccer team, led by 2013 South Region and NWAACC Coach of the Year Biniam Afenigus, put together another exceptional season, finishing with an 19-3-1 overall record. With a 13-1 mark in the South Region, the men captured their second consecutive regional title and advanced to the playoffs for the seventh straight season. The team eventually fell to Peninsula College in the NWAACC championship match, 1-0. Freshman Bernardino Ayala-Jimenez was named South Region MVP and freshmen Juan Ayala-Jimenez, Christian Desir, and Abdiel Morfin and sophomores Bryanth Garcia-Junco, Jonathan Morales, and Langdon Roscoe were named to the Southwest All-Star Team.





## Women's Soccer

The women's soccer team fought through key injuries to finish 10-9-3 overall, with a third-place finish in the South Region. Second-year head coach Rochelle Hearn led the Penguins to consecutive NWAACC playoff appearances before falling to Whatcom on penalty kicks in the first round of the NWAACC playoffs. Coach Hearn was honored with the South Region Coach of the Year award, and sophomore Cristal Ruvalcaba and freshman Krista Campbell were named to the Southwest All-Star Team. Sophomores Emily Ainsworth, Kai Davidson and Alexandra White were named to the 2013 All-Academic Sports Team, which recognizes student athletes with a cumulative GPA above 3.25 and a minimum of 36 credits earned.



## Volleyball

After a one-year hiatus, the women's volleyball squad returned to the NWAACC playoffs under the direction of first-year head coach Mark Dunn. The Penguins were a force to be reckoned with down the stretch of regular-season play and beat the odds by winning three of four matches to advance to post-season play. In the first round, the Penguins were defeated in three sets by eventual NWAACC champion Blue Mountain; afterward, they defeated Shoreline in an elimination match to advance to Day Two of the tournament for the first time in four years. Sophomore middle blocker Karissa Paltridge was named First Team West Region All-Star. Sophomores Shawntel Kalliainen and Amanda Curtis were named to the 2013 All-Academic Sports Team, which recognizes student athletes with a cumulative GPA above 3.25 and a minimum of 36 credits earned.



## Men's Basketball

For the first time in 17 years, the Clark men's basketball program placed at the NWAACC basketball championships, going 3-1 for a fifth-place finish. The 2013-14 edition of the Penguins gave fans a thrill as the men won the West Region crown and finished 27-2. The record-breaking performance also included a 23-game winning streak, undefeated in West Region (16-0) play, and best overall record for a season. Clark became just the fourth team in NWAACC history to go undefeated in league play. Clark held the coaches poll No. 1 ranking for the majority of the season and finished ranked No. 1 in the final coaches poll. Second-year head coach Alex Kirk was named West Region Coach of the Year, sophomore Collin Spickerman was named West Region MVP, and sophomore Sean Price was named First-Team West Region. Sophomore Max Livingston was named Second-Team West Region. Spickerman and Price were also named to the All-Defensive Team.



## Women's Basketball

For the first time in 14 years, the Clark women's basketball program won the West Region title and placed at the NWAACC basketball championships for the second straight season, going 3-1 for a fifth-place finish. The team was Ranked No. 2 in final coaches poll and posted a 15-game win streak during their impressive season. Second-year head coach Al Aldridge was named West Region Coach of the Year, sophomore Brooke Bowen was named West Region MVP, and sophomores Nicolette Bond and Haley Grossman were named First-Team West Region. Freshman Shantell Jackson was named Freshman of the Year and Second-Team West Region. Freshman Taylor Howlett was named to the All-Defensive Team.

So far, the year has provided us with plenty of exciting sports moments and lots to cheer about. Visit Clark Athletics to find out about our spring sports, including baseball,

softball, and track and field.

*Photos: Clark College/Jenny Shadley*

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## Engagement to Learn



*As Clark College moves forward with its Strategic Planning process, Clark 24/7 is interviewing different college employees about how they see themselves fitting into the “big picture” of Clark’s central goal of supporting student learning. For the current segment, “Engagement to Learn,” we interviewed two individuals who work in very different areas about how they help students stay engaged at Clark.*



**Janette Clay**  
**Program Specialist, Office of Instruction**

**Give us a little background about what you do at Clark.**

I work directly with the Title III Strengthening Institutions grant supporting First Year Experience (FYE) initiatives and also Outcomes Assessment. For people who are unfamiliar with FYE, these are programs designed to work with students when they first arrive at the college to help them be successful at Clark and beyond.

**How do you see yourself supporting student engagement at the college?**

FYE initiatives continue to expand, and the main focus is on student retention and completion. One initiative is COLL 101 ("College Essentials"), a two-credit course that teaches students concepts they'll need to know to be successful at Clark and beyond—such as time management, financial literacy, learning styles, recognizing privilege and inequity, and knowing how to find and use resources at the college. There's also the FYE Mentor Program and service projects that help students feel a sense of community at Clark. Another initiative, one that will expand in 2014-15, is our Learning Community model of instruction. Learning Communities are linked classes, where each class's coursework supports that of the other class. So, for instance, you could have students

taking a statistics class where all the statistics come from studies they're reading together in their linked psychology class. Students really get a chance to feel connected both to the coursework and to their classmates. All these initiatives are designed to keep students engaged.



Students in COLL 101 discuss power, privilege and inequity with their instructor, Felisciana Peralta.

**Is there a way that your department/program supports student learning that you think would surprise other people at the college?**

I don't think that all staff and faculty at Clark College know that they can be mentors for new students in the FYE Mentor Program. The mentees in these one-to-one relationships are lucky to have people to turn to for help navigating the system, whether it be registering for classes, studying for finals, or joining clubs.

Hopefully this is not a surprise, but in Outcomes Assessment, we continue to collaborate with faculty in the practice of meaningful, sustainable assessment to enhance student learning. There are many training and funding opportunities available for faculty to create and implement assessment projects, learn about researched best practices, and

participate in professional development activities.

**How has the Strategic Plan process made you look differently at your own role at Clark? How has it made you look differently at others' roles?**

It has made me think about the role that I can play, and that I am a part of this process like all other staff and faculty at Clark College. In looking differently at others' roles, I learn more about what other people do, and furthermore how our roles interact now, and can interact better as we move toward 2020.

**What have you enjoyed about the Strategic Plan process so far?**

It is really beneficial to get to know and work with other people at the college whom I had never met prior to the Strategic Plan process. I have also enjoyed the readings, as they are very informative and thought-provoking and therefore generate good discussions. My group, the "Supernovas," is a really fun group of people with some great ideas!



**Charles Guthrie**  
**Director of Athletics**

**Give us a little background about what you do at Clark.**



I oversee 11 intercollegiate teams, coaches, staff and game operations for an estimated 92 home games a year, competing in the Northwest Athletic Association of Community Colleges (NWAAC). I'm also in charge of all strategic planning, budget, Title IX compliance and external relations for the department, which is part of the division of Student Affairs.

**How do you see yourself supporting student engagement at the college?**

Clark College has approximately 200 student-athletes who are part of our Intercollegiate Athletics program. Student-athletes at Clark College have the opportunity not only to compete on the court or field, but to continue to hone important life skills, including the value of teamwork, individual and group responsibility, physical fitness, sportsmanship, diversity, and a sense of commitment to fellow students, faculty and the broader community. These critical skill sets will enable Clark student-athletes to engage not just during their tenure at Clark College, but as they move on through the rest of their lives.

**Is there a way that you or your department/program supports student learning that you think would surprise other people at the college?**

I don't know if the broader campus community has visibility into how our student-athletes are able to learn about and promote the importance of diversity on many different levels. Our student-athletes come from various socio-economic and cultural backgrounds and they learn to both accept and embrace those differences as well as find new connections and ways to unite as a team.



Student-athletes participate in study hall.

I've realized that our athletic program is an important component to many of the key areas outlined in the plan and we can have a positive impact on the strategic initiatives that are critical to ongoing success for Clark College as a whole. I knew this prior to engaging in the process, but did not understand to the full extent we could engage and collaborate, and I hope it has helped other departments throughout campus recognize how we can contribute beyond just athletic competition—i.e., diversity, student success, retention and access.

### **Where do you envision Clark College in 2020?**

As the best value in higher education within the state of Washington and setting the bar for driving impactful college-wide programs like the Strategic Planning process. I would expect that Clark College will continue to earn public recognition for the passion and hard work that unite our campus community.

### **How do you think your department will have changed by then?**

In another six years I hope to have several classes of alumni who have passed through our program who are engaged and feel strongly about continuing to support Clark College Athletics. We want to continue to improve on the academic support, facilities and life lessons we offer to our student-athletes.

If these areas were to look the same in 2020 there would be a problem, because we must continue to evolve our program to fit the ever-changing needs of our students. And, of course, it would be great to add a few NWAACC Championships to the growing list of administrative, academic and athletic accolades Clark College earns each year.

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## All “Fore” the Students



Student-athlete volunteers at the 2013 Penguin Nation Charity Golf Tournament with Athletics Secretary Senior Marla Derrick, *second from left*.

More than 120 golfers converged on Royal Oaks Country Club for

an afternoon of fun on the links in support of Clark athletics in late August during the Penguin Nation Charity Golf Tournament. The winning team—finishing 12 under par with a score of 60—was led by Quail Construction owner Jon Girod and his son, Jai, who plays for Clark’s baseball team.



More than 120 golfers participated in the 2013 Penguin Nation Charity Golf Tournament.

There were a variety of contests during the game to keep it fun and competitive. The men’s longest-drive winner was Mick Hoffman; women’s longest-drive went to Jeanne Caswell. Scott Munn won the closest-to-the-pin contest by coming within 13 inches of the cup.

From the moment the golfers were greeted at their vehicles by Clark’s soccer teams, to dinner with volleyball and baseball players and track-and-field athletes, the participants learned how much Clark’s student athletes and coaches appreciated their support.

Royal Oaks and its membership graciously welcomed the players to its beautiful, tree-lined course for the annual Penguin Charity Golf event. Premier sponsors included Wacom, US Bank, Homewood Suites, Sterling Bank, Adidas and Columbia Credit Union.



Vice President of Administrative Services Bob Williamson, *left*, and Vice President of Student Affairs Bill Belden get ready to hit the links.

Additionally, tee sponsors included Clark College Bookstore, Biggs Insurance, The Blind Onion Pizza, NY Life, Keil Enterprises, First Pacific Associates, Exercise Equipment NW, Residence Inn, and Moss Adams. The hole-in-one car sponsor, Dick Hannah Kia, provided a silver Optima on the course.

No holes-in-one were made, but funds were raised in support of Clark's student athletes to ensure their bright futures through scholarships, high-quality education and facilities.

*Story submitted by Rhonda Morin and Vivian Cheadle-Manning  
Photos: Clark College/Jenny Shadley*

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# **Welcome, Student Athletes!**



Fall quarter starts for most students on September 23, but Clark's student athletes began their year on Saturday, August 10. That's when the Athletic Department hosted an orientation session for 70 first-year student athletes.

The student athletes met with advisors and registration staff, but also learned about being a Penguin—and specifically, an athletic Penguin—by hearing the history of the athletics program as well as getting information about study resources, social media, and NWAACC.

"Our Student-Athlete Orientation introduces our freshmen and transfers to key people across campus and gives them the tools to begin successful careers at Clark," said Charles Guthrie, Director of Athletics. "Of the 70 students who attended, we had an estimated 20 student athletes who are first-generation, and these types of events are vital to seeing them succeed."

Clark's fall sports include men's and women's soccer, cross country, and volleyball. Visit [clarkpenguins.com](http://clarkpenguins.com) to see an

updated schedule of athletic events.

*Photo: Clark College/Jenny Shadley*